

Supporting Your Teen for Confirmation

Faith lived and celebrated in the family makes a lasting impression. You can encourage the preparation of your teenager for full Christian living with the following activities:

Knowledge of the Faith

- Read the Sunday Scripture readings together as a family and invite each person to share what s/he hears God speaking to him/her through the readings. The readings are listed on page 8 in the parish bulletin. For background and activities to better understand the readings, check out <http://www.loyolapress.com/sunday-connection.htm>.
- Read the daily Scripture readings together as a family and invite each person to share what s/he hears God speaking to him/her through the readings. The readings are listed on page 8 in the parish bulletin and at www.usccb.org.
- Invite a friend or relative who does not participate in Mass to attend church and have breakfast with you.
- Together explore the "Our Catholic Faith" section of the Loyola Press website, www.LoyolaPress.com.

Worship and Prayer

- Give thanks and praise to God every day. At the end of each day, invite family members to share one thing for which they are grateful.
- Pray personally and together as a family every day.
- Attend Sunday Mass as a family.
- Attend daily Mass on a special occasion, such as an anniversary or birthday.
- Celebrate the Sacrament of Reconciliation as a family. Fr Len is available for the Sacrament of Reconciliation every Saturday 3:15-4 p.m.
- Pray the Rosary.

Christian Living

- Volunteer as a family to provide a meal for a parishioner/family in need.
- Volunteer at a local community service organization.
- Share the load of household chores.
- Pray the news; i.e., as you watch, listen to, or read news stories, pray for those in need in your community and the world.
- Point out one another's gifts and talents. Share how are experiencing one another's gifts. Discuss the opportunities for sharing your individual gifts and talents in various ministries of the parish.
- Participate in or help at a parish event.
- Support a parishioner who needs encouragement, sympathy, or material assistance.
- Practice forgiveness: Apologize for moments of impatience; put aside grudges that cause strains in relationships.